#### **BEACH SAFETY GUIDELINES**

Enjoy your trip to the beach! Be safe & have fun!

- Lifequards are on duty from 9 am to 6 pm. Always swim near a lifeguard!
- Swimming is prohibited when lifeguards are not on duty!
- Stay off the rock jetties.
- Check the water conditions with the lifeguard before entering the water.
- Always swim between the green flags.
- Enter the water by walking, do not dive headfirst.
- When you hear a whistle, look to the lifeguard chair, they may want your attention!
- All children must be supervised by a parent or guardian.
- Alcoholic beverages, fires, & barbeques are prohibited on the beach.
- All body boards must have leashes.
- Lifeguards may limit swimming, & body board, use during rough ocean conditions.
- Report all dangerous situations to the lifequard.
- Carry your beach pass at all times. All patrons 13 years of age & older must have a valid beach pass.



#### West End

C & C Deli 801 W. Beech St. (516) 442-2275 10% off \$25 or more Bus stop: NY Ave.

West End Pizza 918 W. Beech St. (516) 889-1711 15% off your purchase Bus stop: Virginia Ave.

**Newtown Chinese** Restaurant 1026 W. Beech St. (516) 431-8620 10% off \$15, excludina lunch specials Bus stop:

#### Minnesota's Restaurant & Tavern

Indiana Ave.

959 W. Beech St. (516) 432-4080 15% off your entire check for lunch. brunch, or dinner Bus stop: Minnesota Ave.

Swingbelly's BBQ 909 W. Beech St. (516) 431-3464 10% off your entire check Bus stop: Virginia Ave.

**Beach Liquors** 1087 W. Beech St. (516) 889-8228 10% off liquor & 20% off wine Bus stop: Ohio Ave.

### Rose & Eve

893 W. Beech St. (516) 544-4477 15% off women's clothing Bus stop: Wyoming Ave.

#### Spiagga Ice Cream 831 W. Beech St. (516) 889--3384 Bus stop: Pennsylvania Ave.

**Kings Pharmacy** West 1054 W. Beech St. (516) 4321-4455 10% off with a valid beach pass. Bus stop: Georgia Ave.

Brucie's 🗻 Bel-Aire Pizza\* 312 New York Ave. (516) 889-8926 10% off your purchase Bus stop: New York Ave.

#### Center of Town

Life's a Bagel 76 W Park Ave (516) 889-8470 Free 16 oz. water with purchase Down the street from the train station.

Tutti Frutti 28 W. Park Ave. (516) 442-7222 10% off frozen vogurt Across the street from the train.

#### **Sutton Place** 124 W. Park Ave. (516) 431-3133 10% off your entire check Down the street from

the LIRR station.

Red Mango 32 E. Park Ave. (516) 442-7801 \$1.00 off any menu item Between Edwards &

Riverside Blvd.

#### Citibank 135 E. Park Ave.

(516) 627-3999 Free gift & welcome bag Between Riverside Blvd. & LB Rd.

#### **Gentle Brew Coffee** Roasters

151 E. Park Ave. (516) 605-2370 10% off any drink Between Riverside Blvd. & LB Rd.

#### Abe's Pitaria 32 W. Park Ave.

(516) 897-3582 10% off purchase. Between National Blvd. Edwards Blvd.

#### Ooh La La

134 E. Park Ave. (516) 431-4070 10% off with coupon Between Riverside Blvd. & LB Rd.

Laurel Luncheonette 300 W. Park Ave. (516) 432-7728 10% off your check Bus stop: Laurelton Blvd.

#### Max Bialystok 🛖 & Company 159 E. Park Ave. (516) 432-5300 10% off your order Between Riverside Blvd. & LB Rd.

Incredivac **Cleaning Solutions** 266 E. Park Ave (516) 897-2900 Vacuum cleaner sales & repairs. Located between LB Rd. & Monroe Blvd.

Skudin Surf Long Beach Rd. (516) 318-3993 10% off surf lessons On the beach on LB Rd.

Billy's Beach Cafe 222 W. Park Ave. (516) 889-2233 \$10 off \$30 or more Bus stop: Magnolia Blvd.

#### Sugo 62 W. Park Ave. (516) 431-7846 Happy Hour from 4-7 pm. Located across from LIRR.

Long Beach Craft & Variety 50 W. Park Ave. (516) 897-5064 Free kite with beach chair & umbrella combo. Located across from LIRR station.

#### Villaggio Ristorante 157 E. Park Ave. (516) 897-1886 10% off check Bus stop: Long Beach Rd.

Plaza Liquor 45 Long Beach Plaza (516) 432-5500 10% off liquor & 20% off wine Down the street from the train station.

#### East End

Lido Kosher Deli 641 E. Park Ave. (516) 431-4411 10% off your order Bus stop: Neptune Blvd.



Visit us online!



City of Long Beach, Facebook New York (OFFICIAL)

www.visitlongbeachny.com

www.longbeachny.gov/rec

#### Please note:

Must present LIRR merchant coupon to obtain all deals.

Closest bus stops & cross streets are listed for all businesses.



Denotes businesses that will deliver to the beach. Please call to confirm.

### LIRR Train Schedule From Long Beach to Penn Station

| WEEKEND    | WEEKDAY     |
|------------|-------------|
| Departures | Departures  |
| 1:25 pm    | 1:11 pm     |
| 2:25 pm    | 2:11 pm     |
| 3:25 pm    | 3:11 pm     |
| 4:25 pm    | 4:02 pm     |
| 4:57 pm    | 4:29 pm (T) |
| 5:25 pm    | 5:14 pm     |
| 6:25 pm    | 6:38 pm (T) |
| 7:25 pm    | 6:57 pm     |
| 8:25 pm    | 7:49 pm     |
| 9:25 pm    | 8:48 pm     |
| 10:25 pm   | 9:53 pm     |
| 11:22 pm   | 10:57 pm    |

Note: (T) indicates transfer at Jamaica.



The City of Long Beach Department of Parks & Recreation 700 Magnolia Blvd. Long Beach, NY 11561

http://www.longbeachny.gov/rec

#### **City Council**

Scott J. Mandel, President Fran Adelson, Vice President Eileen J. Goggin John C. McLaughlin Len Torres

> City Manager Jack Schnirman

Commissioner of Parks & Recreation Robert A. Piazza

## Long Island Railroad Beach Getaway Package

TRAIN TICKET + BEACH ADMISSION

# Welcome to the Beach!



Your LIRR Getaway Package entitles you to:

- One-day round trip train fare.
- Discounted daily beach admission.
- ♣ Free Long Beach bus service.
- Discounts on food & drinks at local restaurants.
- Hours of fun in our beautiful "City by the Sea".

Look inside this brochure for great deals!

#### LONG BEACH BUS SCHEDULE

WEST END Station to W. Park to Grand to W. Beech to Nevada. Returns to Station along same mute

#### WEEKDAYS

| Departs Station |       | Departs Nevada |       |  |
|-----------------|-------|----------------|-------|--|
| A.M.            | P.M.  | A.M.           | P.M.  |  |
| 5:00            | 2:20  | 5:12           | 2:40  |  |
| 5:30            | 3:00  | 5:50           | 3:15  |  |
| 6:00            | 3:30  | 6:15           | 3:45  |  |
| 6:15            | 4:00  | 6:30           | 4:15  |  |
| 6:30            | 4:30  | 6:45           | 4:45  |  |
| 6:42            | 5:00  | 7:00           | 5:10  |  |
| 7:00            | 5:07  | 7:15           | 5:25  |  |
| 7:15            | 5:37  | 7:25           | 5:50  |  |
| 7:30            | 5:50  | 7:45           | 6:05  |  |
| 7:45            | 6:11  | 8:00           | 6:30  |  |
| 8:00            | 6:18  |                | 6:50  |  |
| 8:15            | 6:50  |                | 7:05  |  |
| 8:30            | 7:15  | 8:40           | 7:30  |  |
| 9:00            | 7:38  |                | 7:48  |  |
| 9:40            | 8:02  | 10:00          | 8:15  |  |
| 10:20           | 8:26  |                | 8:40  |  |
| 11:00           | 9:04  |                | 9:15  |  |
| 11:40           | 9:25  | 12:00          | 9:40  |  |
| 12:20           | 9:53  | 12:40          | 10:05 |  |
| 1:00            | 10:50 |                | 11:10 |  |
| 1:40            |       | 2:04           |       |  |
|                 |       |                |       |  |
|                 |       |                |       |  |

#### WEEKENDS

Departs Station

Departs Nevada

| _     |      | _     |      |
|-------|------|-------|------|
| A.M.  | P.M. | A.M.  | P.M. |
| 6:30  | 2:45 | 6:45  | 3:00 |
| 7:00  | 3:20 | 7:15  | 3:30 |
| 7:30  | 3:55 | 7:45  | 4:15 |
| 8:00  | 4:30 | 8:15  | 4:45 |
| 8:30  | 5:05 | 8:45  | 5:15 |
| 9:00  | 5:40 | 9:15  | 5:50 |
| 9:35  | 6:15 | 9:45  | 6:30 |
| 10:05 | 6:50 | 10:15 | 7:00 |
| 10:42 | 7:25 | 10:57 | 7:45 |
| 11:15 | 8:00 | 11:30 | 8:15 |
| 11:50 | 8:30 | 12:00 | 8:45 |
| 12:25 | 9:00 | 12:45 | 9:15 |
| 1:00  |      | 1:15  |      |
| 1:35  |      | 1:45  |      |
| 2:10  |      | 2:20  |      |
|       |      |       |      |